

SEPTEMBER 2011

PROPEL MONTOUR

BREAKFAST KIT:

contains cereal, juice & a healthy
break snack served with low fat milk
and 100% fruit juice

340 BILMAR DRIVE
PITTSBURGH, PA 15205
412-539-0100

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HOLIDAY NO SCHOOL	6 mini twin cheeseburgers w/ vegetable & fruit	7 spaghetti w/ meat sauce breadstick vegetable & fruit	8 galaxy pizza w/ vegetable & fruit	9 hot dog baked beans and fruit
12 cheese filled breadsticks w/ vegetable & fruit	13 meatball hoagie w/ vegetable & fruit	14 stuffed crust pizza w/ vegetable & fruit	15 corn dog, back potato rounds and fruit	16 IN SERVICE DAY NO SCHOOL
19 breaded chicken patty w/ vegetable & fruit	20 Taco nachos w/ tortilla chips vegetable & fruit	21 roasted BBQ chicken drumstick w/ roll baked potato and fruit	22 personal pizza w/ broccoli and fruit	23 turkey hot dog w/ baked beans and chilled applesauce
26 chicken nuggets w/roll w/ vegetable & fruit	27 mini twin cheeseburgers w/ vegetable & fruit	28 spaghetti w/ meat sauce breadstick tossed salad & fruit	29 hip dipper chicken patty w/ vegetable & fruit	30 cheesy pizza w/ vegetable & fruit

Full Price Breakfast: \$1.60

Full Price Lunch: \$2.60

Reduced Breakfast: \$.30

Reduced Lunch: \$.40